

PLANNING PROVISoire DES DANSES DE SALON
Saison 2025/2026_V1

MARDI

| | NIVEAU 2 | NIVEAU 3 | NIVEAU 4 | NIVEAU 6 |
|-------|--------------|-----------|-----------|---|
| 02.09 | Samba/Valse | Tango | Chacha | Rumba : Travail des jambes |
| 09.09 | Samba/Valse | Jive | Chacha | Standard : Posture et connection |
| 16.09 | Chacha/Tango | Slowfox | Valse | Jive : Swing |
| 23.09 | Chacha/Tango | Paso | Valse | Tango : Rotation |
| 30.09 | Rumba/Vien | Valse | Rumba | Chacha : Mouvement des hanches |
| 07.10 | Rumba/Vien | Chacha | Rumba | Valse : Figures complexes |
| 14.10 | Paso/Slow | Viennoise | Quickstep | Samba : Bounce |
| 21.10 | Paso/Slow | Samba | Quickstep | Viennoise : Floorcraft et nouvelles figures |
| 28.10 | Jive/Quick | Quickstep | Samba | Paso : Technique |
| 04.11 | Jive/Quick | Rumba | Samba | Slowfox : Travail des pieds |
| 11.11 | FERIE | FERIE | FERIE | FERIE |
| 18.11 | Samba/Valse | Valse | Slowfox | Rumba : Mouvement de corps |
| 25.11 | Samba/Valse | Paso | Slowfox | Quickstep : Courses |
| 02.12 | Chacha/Tango | Tango | Paso | Jive : Kicks |
| 09.12 | Chacha/Tango | Chacha | Paso | Tango : Musicalité |
| 16.12 | Rumba/Vien | Slowfox | Viennoise | Chacha : Jeu du chat et de la souris |
| 23.12 | FERIE | FERIE | FERIE | FERIE |
| 30.12 | FERIE | FERIE | FERIE | FERIE |
| 06.01 | Rumba/Vien | Jive | Viennoise | Valse : Changement de dynamique |
| 13.01 | Paso/Slow | Quickstep | Jive | Samba : Elasticité |
| 20.01 | Paso/Slow | Rumba | Jive | Viennoise : Swing |
| 27.01 | Jive/Quick | Viennoise | Tango | Paso doble : Travail du corps |
| 03.02 | Jive/Quick | Samba | Tango | Slowfox : Heal turn/Heel pull |
| 10.02 | Samba/Valse | Valse | Chacha | Rumba : Lignes |
| 17.02 | Samba/Valse | Jive | Chacha | Quickstep : Swing |
| 24.02 | Chacha/Tango | Tango | Valse | Jive : Tours |
| 03.03 | Chacha/Tango | Paso | Valse | Tango : Reverse figures |
| 10.03 | Rumba/Vien | Quickstep | Rumba | Chacha : Connections et élasticité |
| 17.03 | Rumba/Vien | Chacha | Rumba | Valse : Pivots |
| 24.03 | Paso/Slow | Slowfox | Quickstep | Samba : Promenade et zigzag |
| 31.03 | Paso/Slow | Samba | Quickstep | Viennoise : Fleckers |
| 07.04 | Jive/Quick | Viennoise | Samba | Paso Doble : Histoire |
| 14.04 | Jive/Quick | Rumba | Samba | Slowfox : Musicalité |
| 21.04 | Samba/Valse | Valse | Slowfox | Rumba : Connection |
| 28.04 | Samba/Valse | Jive | Slowfox | Quickstep : Figures avancées |
| 05.05 | Chacha/Tango | Tango | Paso | Jive : Rythmique |
| 12.05 | Chacha/Tango | Chacha | Paso | Tango : Chase |
| 19.05 | Rumba/Vien | Slowfox | Viennoise | Chacha : Figures avancées |
| 26.05 | Rumba/Vien | Rumba | Viennoise | Valse : Lignes |
| 02.06 | Paso/Slow | Quickstep | Jive | Samba : Rythme |
| 09.06 | Paso/Slow | Paso | Jive | Viennoise : Partnering |
| 16.06 | Jive/Quick | Viennoise | Tango | Paso Doble : Arms |
| 23.06 | Jive/Quick | Samba | Tango | Slowfox : Feather family |
| 30.06 | Samba/Valse | Slowfox | Chacha | Rumba : Tours, spin |
| 07.07 | Samba/Valse | Jive | Chacha | Quickstep : Step hop |

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MERCREDI

| | CHORE SOLO | STYLING SOLO | NIVEAU 1 | NIVEAU 4 | NIVEAU 5 |
|-------|-------------------|---------------------|-----------------|-----------------|-----------------|
| 03.09 | Jive | Chacha | Tango/Rumba | Paso | Rumba |
| 10.09 | Jive | Chacha | Paso/Quick | Paso | Rumba |
| 17.09 | Samba | Paso | Chacha/Valse | Viennoise | Rumba |
| 24.09 | Samba | Paso | Tango/Rumba | Viennoise | Quickstep |
| 01.10 | Chacha | Tango | Paso/Quick | Jive | Quickstep |
| 08.10 | Chacha | Tango | Chacha/Valse | Jive | Quickstep |
| 15.10 | Paso | Rumba | Tango/Rumba | Tango | Samba |
| 22.10 | Paso | Rumba | Paso/Quick | Tango | Samba |
| 29.10 | Rumba | Jive | Chacha/Valse | Rumba | Samba |
| 05.11 | Rumba | Jive | Tango/Rumba | Rumba | Viennoise |
| 12.11 | Jive | Valse | Paso/Quick | Quickstep | Viennoise |
| 19.11 | Jive | Valse | Chacha/Valse | Quickstep | Viennoise |
| 26.11 | Chacha | Samba | Tango/Rumba | Samba | Chacha |
| 03.12 | Chacha | Samba | Paso/Quick | Samba | Chacha |
| 10.12 | Samba | Chacha | Chacha/Valse | Slowfox | Chacha |
| 17.12 | Samba | Chacha | Tango/Rumba | Slowfox | Tango |
| 24.12 | FERIE | FERIE | FERIE | FERIE | FERIE |
| 31.12 | FERIE | FERIE | FERIE | FERIE | FERIE |
| 07.01 | Paso | Slowfox | Paso/Quick | Chacha | Tango |
| 14.01 | Paso | Slowfox | Chacha/Valse | Chacha | Tango |
| 21.01 | Rumba | Paso | Tango/Rumba | Valse | Paso |
| 28.01 | Rumba | Paso | Paso/Quick | Valse | Paso |
| 04.02 | Jive | Rumba | Chacha/Valse | Jive | Paso |
| 11.02 | Jive | Rumba | Tango/Rumba | Jive | Slowfox |
| 18.02 | Samba | Quickstep | Paso/Quick | Quickstep | Slowfox |
| 25.02 | Samba | Quickstep | Chacha/Valse | Quickstep | Slowfox |
| 04.03 | Chacha | Jive | Tango/Rumba | Paso | Jive |
| 11.03 | Chacha | Jive | Paso/Quick | Paso | Jive |
| 18.03 | Paso | Samba | Chacha/Valse | Tango | Jive |
| 25.03 | Paso | Samba | Tango/Rumba | Tango | Valse |
| 01.04 | Rumba | Tango | Paso/Quick | Rumba | Valse |
| 08.04 | Rumba | Tango | Chacha/Valse | Rumba | Valse |
| 15.04 | Jive | Chacha | Tango/Rumba | Viennoise | Rumba |
| 22.04 | Jive | Chacha | Paso/Quick | Viennoise | Rumba |
| 29.04 | Samba | Paso | Chacha/Valse | Chacha | Rumba |
| 06.05 | Samba | Paso | Tango/Rumba | Chacha | Quickstep |
| 13.05 | Chacha | Valse | Paso/Quick | Slowfox | Quickstep |
| 20.05 | Chacha | Valse | Chacha/Valse | Slowfox | Quickstep |
| 27.05 | Paso | Rumba | Tango/Rumba | Samba | Samba |
| 03.06 | Paso | Rumba | Paso/Quick | Samba | Samba |
| 10.06 | Rumba | Jive | Chacha/Valse | Valse | Samba |
| 17.06 | Rumba | Jive | Tango/Rumba | Valse | Viennoise |
| 24.06 | Jive | Viennoise | Paso/Quick | Rumba | Viennoise |
| 01.07 | Jive | Viennoise | Chacha/Valse | Rumba | Viennoise |
| 08.07 | Chacha | Samba | Tango/Rumba | Quickstep | Chacha |

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JEUDI

| | SENIOR INTER | SENIOR DEB | NIVEAU 1 | NIVEAU 2 | NIVEAU 3 |
|-------|--------------|--------------|--------------|--------------|-----------|
| 04.09 | VACANCES | VACANCES | Chacha/Valse | Rumba/Vien | Valse |
| 11.09 | VACANCES | VACANCES | Tango/Rumba | Rumba/Vien | Samba |
| 18.09 | Jive/Quick | Tango/Rumba | Paso/Quick | Paso/Slow | Tango |
| 25.09 | Jive/Quick | Paso/Quick | Chacha/Valse | Paso/Slow | Rumba |
| 02.10 | Samba/Valse | Chacha/Valse | Tango/Rumba | Jive/Quick | Quickstep |
| 09.10 | Samba/Valse | Tango/Rumba | Paso/Quick | Jive/Quick | Jive |
| 16.10 | Chacha/Tango | Paso/Quick | Chacha/Valse | Samba/Valse | Slowfox |
| 23.10 | Chacha/Tango | Chacha/Valse | Tango/Rumba | Samba/Valse | Chacha |
| 30.10 | Rumba/Vien | Tango/Rumba | Paso/Quick | Chacha/Tango | Viennoise |
| 06.11 | Rumba/Vien | Paso/Quick | Chacha/Valse | Chacha/Tango | Paso |
| 13.11 | Paso/Slow | Chacha/Valse | Tango/Rumba | Rumba/Vien | Tango |
| 20.11 | Paso/Slow | Tango/Rumba | Paso/Quick | Rumba/Vien | Samba |
| 27.11 | Jive/Quick | Paso/Quick | Chacha/Valse | Paso/Slow | Valse |
| 04.12 | Jive/Quick | Chacha/Valse | Tango/Rumba | Paso/Slow | Rumba |
| 11.12 | Samba/Valse | Tango/Rumba | Paso/Quick | Jive/Quick | Quickstep |
| 18.12 | Samba/Valse | Paso/Quick | Chacha/Valse | Jive/Quick | Chacha |
| 25.12 | FERIE | FERIE | FERIE | FERIE | FERIE |
| 01.01 | FERIE | FERIE | FERIE | FERIE | FERIE |
| 08.01 | Chacha/Tango | Chacha/Valse | Tango/Rumba | Samba/Valse | Viennoise |
| 15.01 | Chacha/Tango | Tango/Rumba | Paso/Quick | Samba/Valse | Jive |
| 22.01 | Rumba/Vien | Paso/Quick | Chacha/Valse | Chacha/Tango | Slowfox |
| 29.01 | Rumba/Vien | Chacha/Valse | Tango/Rumba | Chacha/Tango | Paso |
| 05.02 | Paso/Slow | Tango/Rumba | Paso/Quick | Rumba/Vien | Tango |
| 12.02 | Paso/Slow | Paso/Quick | Chacha/Valse | Rumba/Vien | Samba |
| 19.02 | Jive/Quick | Chacha/Valse | Tango/Rumba | Paso/Slow | Valse |
| 26.02 | Jive/Quick | Tango/Rumba | Paso/Quick | Paso/Slow | Rumba |
| 05.03 | Samba/Valse | Paso/Quick | Chacha/Valse | Jive/Quick | Quickstep |
| 12.03 | Samba/Valse | Chacha/Valse | Tango/Rumba | Jive/Quick | Jive |
| 19.03 | Chacha/Tango | Tango/Rumba | Paso/Quick | Samba/Valse | Viennoise |
| 26.03 | Chacha/Tango | Paso/Quick | Chacha/Valse | Samba/Valse | Chacha |
| 02.04 | Rumba/Vien | Chacha/Valse | Tango/Rumba | Chacha/Tango | Slowfox |
| 09.04 | Rumba/Vien | Tango/Rumba | Paso/Quick | Chacha/Tango | Paso |
| 16.04 | Paso/Slow | Paso/Quick | Chacha/Valse | Rumba/Vien | Tango |
| 23.04 | Paso/Slow | Chacha/Valse | Tango/Rumba | Rumba/Vien | Samba |
| 30.04 | Jive/Quick | Tango/Rumba | Paso/Quick | Paso/Slow | Valse |
| 07.05 | Jive/Quick | Paso/Quick | Chacha/Valse | Paso/Slow | Rumba |
| 14.05 | FERIE | FERIE | FERIE | FERIE | FERIE |
| 21.05 | Samba/Valse | Chacha/Valse | Tango/Rumba | Samba/Valse | Quickstep |
| 28.05 | Samba/Valse | Tango/Rumba | Paso/Quick | Samba/Valse | Jive |
| 04.06 | Chacha/Tango | Paso/Quick | Chacha/Valse | Chacha/Tango | Viennoise |
| 11.06 | Chacha/Tango | Chacha/Valse | Tango/Rumba | Chacha/Tango | Chacha |
| 18.06 | Rumba/Vien | Tango/Rumba | Paso/Quick | Rumba/Vien | Slowfox |
| 25.06 | Rumba/Vien | Paso/Quick | Chacha/Valse | Rumba/Vien | Paso |
| 02.07 | Paso/Slow | Chacha/Valse | Tango/Rumba | Paso/Slow | Tango |
| 09.07 | Paso/Slow | Tango/Rumba | Paso/Quick | Paso/Slow | Samba |

PLANNING PROVISOIRE DES DANSES DE SALON
Saison 2025/2026_V2

SAMEDI

| | NIVEAU 1 | NIVEAU 2 | NIVEAU 3 |
|-------|-----------|-----------|-----------|
| 06.09 | Chacha | Rumba | Tango |
| 13.09 | Valse | Tango | Rumba |
| 20.09 | Jive | Chacha | Valse |
| 27.09 | Tango | Valse | Chacha |
| 04.10 | Chacha | Jive | Quickstep |
| 11.10 | Valse | Quickstep | Samba |
| 18.10 | Jive | Chacha | Viennoise |
| 25.10 | Tango | Valse | Jive |
| 01.11 | FERIE | FERIE | FERIE |
| 08.11 | Chacha | Rumba | Tango |
| 15.11 | Valse | Tango | Rumba |
| 22.11 | Jive | Jive | Valse |
| 29.11 | Tango | Quickstep | Chacha |
| 06.12 | Chacha | Paso | Quickstep |
| 13.12 | Valse | Chacha | Samba |
| 20.12 | Jive | Tango | Viennoise |
| 27.12 | FERIE | FERIE | FERIE |
| 03.01 | FERIE | FERIE | FERIE |
| 10.01 | Tango | Rumba | Jive |
| 17.01 | Paso | Valse | Paso |
| 24.01 | Chacha | Jive | Tango |
| 31.01 | Valse | Quickstep | Rumba |
| 07.02 | Jive | Samba | Valse |
| 14.02 | Tango | Paso | Chacha |
| 21.02 | Quickstep | Chacha | Quickstep |
| 28.02 | Paso | Valse | Samba |
| 07.03 | Chacha | Rumba | Viennoise |
| 14.03 | Valse | Tango | Jive |
| 21.03 | Jive | Samba | Slowfox |
| 28.03 | Tango | Quickstep | Paso |
| 04.04 | Rumba | Jive | Tango |
| 11.04 | Quickstep | Paso | Rumba |
| 18.04 | Paso | Chacha | Valse |
| 25.04 | Chacha | Tango | Chacha |
| 02.05 | Valse | Rumba | Quickstep |
| 09.05 | - | - | - |
| 16.05 | Jive | Valse | Samba |
| 23.05 | Tango | Jive | Viennoise |
| 30.05 | Rumba | Quickstep | Jive |
| 06.06 | Quickstep | Samba | Slowfox |
| 13.06 | Paso | Chacha | Paso |
| 20.06 | Chacha | Paso | Tango |
| 27.06 | Valse | Tango | Rumba |
| 04.07 | Jive | Rumba | Valse |
| 11.07 | Tango | Quickstep | Chacha |