

PLANNING PROVISOIRE DES DANSES DE SALON
Saison 2025/2026_V1

MARDI

	NIVEAU 2	NIVEAU 3	NIVEAU 4	NIVEAU 6
02.09	Samba/Valse	Tango	Chacha	Rumba : Travail des jambes
09.09	Samba/Valse	Jive	Chacha	Standard : Posture et connection
16.09	Chacha/Tango	Slowfox	Valse	Jive : Swing
23.09	Chacha/Tango	Paso	Valse	Tango : Rotation
30.09	Rumba/Vien	Valse	Rumba	Chacha : Mouvement des hanches
07.10	Rumba/Vien	Chacha	Rumba	Valse : Figures complexes
14.10	Paso/Slow	Viennoise	Quickstep	Samba : Bounce
21.10	Paso/Slow	Samba	Quickstep	Viennoise : Floorcraft et nouvelles figures
28.10	Jive/Quick	Quickstep	Samba	Paso : Technique
04.11	Jive/Quick	Rumba	Samba	Slowfox : Travail des pieds
11.11	FERIE	FERIE	FERIE	FERIE
18.11	Samba/Valse	Valse	Slowfox	Rumba : Mouvement de corps
25.11	Samba/Valse	Paso	Slowfox	Quickstep : Courses
02.12	Chacha/Tango	Tango	Paso	Jive : Kicks
09.12	Chacha/Tango	Chacha	Paso	Tango : Musicalité
16.12	Rumba/Vien	Slowfox	Viennoise	Chacha : Jeu du chat et de la souris
23.12	FERIE	FERIE	FERIE	FERIE
30.12	FERIE	FERIE	FERIE	FERIE
06.01	Rumba/Vien	Jive	Viennoise	Valse : Changement de dynamique
13.01	Paso/Slow	Quickstep	Jive	Samba : Elasticité
20.01	Paso/Slow	Rumba	Jive	Viennoise : Swing
27.01	Jive/Quick	Viennoise	Tango	Paso doble : Travail du corps
03.02	Jive/Quick	Samba	Tango	Slowfox : Heal turn/Heel pull
10.02	Samba/Valse	Valse	Chacha	Rumba : Lignes
17.02	Samba/Valse	Jive	Chacha	Quickstep : Swing
24.02	Chacha/Tango	Tango	Valse	Jive : Tours
03.03	Chacha/Tango	Paso	Valse	Tango : Reverse figures
10.03	Rumba/Vien	Quickstep	Rumba	Chacha : Connections et élasticité
17.03	Rumba/Vien	Chacha	Rumba	Valse : Pivots
24.03	Paso/Slow	Slowfox	Quickstep	Samba : Promenade et zigzag
31.03	Paso/Slow	Samba	Quickstep	Viennoise : Fleckers
07.04	Jive/Quick	Viennoise	Samba	Paso Doble : Histoire
14.04	Jive/Quick	Rumba	Samba	Slowfox : Musicalité
21.04	Samba/Valse	Valse	Slowfox	Rumba : Connection
28.04	Samba/Valse	Jive	Slowfox	Quickstep : Figures avancées
05.05	Chacha/Tango	Tango	Paso	Jive : Rythmique
12.05	Chacha/Tango	Chacha	Paso	Tango : Chase
19.05	Rumba/Vien	Slowfox	Viennoise	Chacha : Figures avancées
26.05	Rumba/Vien	Rumba	Viennoise	Valse : Lignes
02.06	Paso/Slow	Quickstep	Jive	Samba : Rythme
09.06	Paso/Slow	Paso	Jive	Viennoise : Partnering
16.06	Jive/Quick	Viennoise	Tango	Paso Doble : Arms
23.06	Jive/Quick	Samba	Tango	Slowfox : Feather family
30.06	Samba/Valse	Slowfox	Chacha	Rumba : Tours, spin
07.07	Samba/Valse	Jive	Chacha	Quickstep : Step hop

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MERCREDI

	CHORE SOLO	STYLING SOLO	NIVEAU 1	NIVEAU 4	NIVEAU 5
03.09	Jive	Chacha	Tango/Rumba	Paso	Rumba
10.09	Jive	Chacha	Paso/Quick	Paso	Rumba
17.09	Samba	Paso	Chacha/Valse	Viennoise	Rumba
24.09	Samba	Paso	Tango/Rumba	Viennoise	Quickstep
01.10	Chacha	Tango	Paso/Quick	Jive	Quickstep
08.10	Chacha	Tango	Chacha/Valse	Jive	Quickstep
15.10	Paso	Rumba	Tango/Rumba	Tango	Samba
22.10	Paso	Rumba	Paso/Quick	Tango	Samba
29.10	Rumba	Jive	Chacha/Valse	Rumba	Samba
05.11	Rumba	Jive	Tango/Rumba	Rumba	Viennoise
12.11	Jive	Valse	Paso/Quick	Quickstep	Viennoise
19.11	Jive	Valse	Chacha/Valse	Quickstep	Viennoise
26.11	Chacha	Samba	Tango/Rumba	Samba	Chacha
03.12	Chacha	Samba	Paso/Quick	Samba	Chacha
10.12	Samba	Chacha	Chacha/Valse	Slowfox	Chacha
17.12	Samba	Chacha	Tango/Rumba	Slowfox	Tango
24.12	FERIE	FERIE	FERIE	FERIE	FERIE
31.12	FERIE	FERIE	FERIE	FERIE	FERIE
07.01	Paso	Slowfox	Paso/Quick	Chacha	Tango
14.01	Paso	Slowfox	Chacha/Valse	Chacha	Tango
21.01	Rumba	Paso	Tango/Rumba	Valse	Paso
28.01	Rumba	Paso	Paso/Quick	Valse	Paso
04.02	Jive	Rumba	Chacha/Valse	Jive	Paso
11.02	Jive	Rumba	Tango/Rumba	Jive	Slowfox
18.02	Samba	Quickstep	Paso/Quick	Quickstep	Slowfox
25.02	Samba	Quickstep	Chacha/Valse	Quickstep	Slowfox
04.03	Chacha	Jive	Tango/Rumba	Paso	Jive
11.03	Chacha	Jive	Paso/Quick	Paso	Jive
18.03	Paso	Samba	Chacha/Valse	Tango	Jive
25.03	Paso	Samba	Tango/Rumba	Tango	Valse
01.04	Rumba	Tango	Paso/Quick	Rumba	Valse
08.04	Rumba	Tango	Chacha/Valse	Rumba	Valse
15.04	Jive	Chacha	Tango/Rumba	Viennoise	Rumba
22.04	Jive	Chacha	Paso/Quick	Viennoise	Rumba
29.04	Samba	Paso	Chacha/Valse	Chacha	Rumba
06.05	Samba	Paso	Tango/Rumba	Chacha	Quickstep
13.05	Chacha	Valse	Paso/Quick	Slowfox	Quickstep
20.05	Chacha	Valse	Chacha/Valse	Slowfox	Quickstep
27.05	Paso	Rumba	Tango/Rumba	Samba	Samba
03.06	Paso	Rumba	Paso/Quick	Samba	Samba
10.06	Rumba	Jive	Chacha/Valse	Valse	Samba
17.06	Rumba	Jive	Tango/Rumba	Valse	Viennoise
24.06	Jive	Viennoise	Paso/Quick	Rumba	Viennoise
01.07	Jive	Viennoise	Chacha/Valse	Rumba	Viennoise
08.07	Chacha	Samba	Tango/Rumba	Quickstep	Chacha

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JEUDI

	SENIOR INTER	SENIOR DEB	NIVEAU 1	NIVEAU 2	NIVEAU 3
04.09	VACANCES	VACANCES	Chacha/Valse	Rumba/Vien	Valse
11.09	VACANCES	VACANCES	Tango/Rumba	Rumba/Vien	Samba
18.09	Jive/Quick	Tango/Rumba	Paso/Quick	Paso/Slow	Tango
25.09	Jive/Quick	Paso/Quick	Chacha/Valse	Paso/Slow	Rumba
02.10	Samba/Valse	Chacha/Valse	Tango/Rumba	Jive/Quick	Quickstep
09.10	Samba/Valse	Tango/Rumba	Paso/Quick	Jive/Quick	Jive
16.10	Chacha/Tango	Paso/Quick	Chacha/Valse	Samba/Valse	Slowfox
23.10	Chacha/Tango	Chacha/Valse	Tango/Rumba	Samba/Valse	Chacha
30.10	Rumba/Vien	Tango/Rumba	Paso/Quick	Chacha/Tango	Viennoise
06.11	Rumba/Vien	Paso/Quick	Chacha/Valse	Chacha/Tango	Paso
13.11	Paso/Slow	Chacha/Valse	Tango/Rumba	Rumba/Vien	Tango
20.11	Paso/Slow	Tango/Rumba	Paso/Quick	Rumba/Vien	Samba
27.11	Jive/Quick	Paso/Quick	Chacha/Valse	Paso/Slow	Valse
04.12	Jive/Quick	Chacha/Valse	Tango/Rumba	Paso/Slow	Rumba
11.12	Samba/Valse	Tango/Rumba	Paso/Quick	Jive/Quick	Quickstep
18.12	Samba/Valse	Paso/Quick	Chacha/Valse	Jive/Quick	Chacha
25.12	FERIE	FERIE	FERIE	FERIE	FERIE
01.01	FERIE	FERIE	FERIE	FERIE	FERIE
08.01	Chacha/Tango	Chacha/Valse	Tango/Rumba	Samba/Valse	Viennoise
15.01	Chacha/Tango	Tango/Rumba	Paso/Quick	Samba/Valse	Jive
22.01	Rumba/Vien	Paso/Quick	Chacha/Valse	Chacha/Tango	Slowfox
29.01	Rumba/Vien	Chacha/Valse	Tango/Rumba	Chacha/Tango	Paso
05.02	Paso/Slow	Tango/Rumba	Paso/Quick	Rumba/Vien	Tango
12.02	Paso/Slow	Paso/Quick	Chacha/Valse	Rumba/Vien	Samba
19.02	Jive/Quick	Chacha/Valse	Tango/Rumba	Paso/Slow	Valse
26.02	Jive/Quick	Tango/Rumba	Paso/Quick	Paso/Slow	Rumba
05.03	Samba/Valse	Paso/Quick	Chacha/Valse	Jive/Quick	Quickstep
12.03	Samba/Valse	Chacha/Valse	Tango/Rumba	Jive/Quick	Jive
19.03	Chacha/Tango	Tango/Rumba	Paso/Quick	Samba/Valse	Viennoise
26.03	Chacha/Tango	Paso/Quick	Chacha/Valse	Samba/Valse	Chacha
02.04	Rumba/Vien	Chacha/Valse	Tango/Rumba	Chacha/Tango	Slowfox
09.04	Rumba/Vien	Tango/Rumba	Paso/Quick	Chacha/Tango	Paso
16.04	Paso/Slow	Paso/Quick	Chacha/Valse	Rumba/Vien	Tango
23.04	Paso/Slow	Chacha/Valse	Tango/Rumba	Rumba/Vien	Samba
30.04	Jive/Quick	Tango/Rumba	Paso/Quick	Paso/Slow	Valse
07.05	Jive/Quick	Paso/Quick	Chacha/Valse	Paso/Slow	Rumba
14.05	FERIE	FERIE	FERIE	FERIE	FERIE
21.05	Samba/Valse	Chacha/Valse	Tango/Rumba	Samba/Valse	Quickstep
28.05	Samba/Valse	Tango/Rumba	Paso/Quick	Samba/Valse	Jive
04.06	Chacha/Tango	Paso/Quick	Chacha/Valse	Chacha/Tango	Viennoise
11.06	Chacha/Tango	Chacha/Valse	Tango/Rumba	Chacha/Tango	Chacha
18.06	Rumba/Vien	Tango/Rumba	Paso/Quick	Rumba/Vien	Slowfox
25.06	Rumba/Vien	Paso/Quick	Chacha/Valse	Rumba/Vien	Paso
02.07	Paso/Slow	Chacha/Valse	Tango/Rumba	Paso/Slow	Tango
09.07	Paso/Slow	Tango/Rumba	Paso/Quick	Paso/Slow	Samba

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SAMEDI			
	NIVEAU 1	NIVEAU 2	NIVEAU 3
06.09	Chacha	Rumba	Tango
13.09	Valse	Tango	Rumba
20.09	Jive	Chacha	Valse
27.09	Tango	Valse	Chacha
04.10	Chacha	Jive	Quickstep
11.10	Valse	Quickstep	Samba
18.10	Jive	Chacha	Viennoise
25.10	Tango	Valse	Jive
01.11	FERIE	FERIE	FERIE
08.11	Chacha	Rumba	Tango
15.11	Valse	Tango	Rumba
22.11	Jive	Jive	Valse
29.11	Tango	Quickstep	Chacha
06.12	Chacha	Paso	Quickstep
13.12	Valse	Chacha	Samba
20.12	Jive	Tango	Viennoise
27.12	FERIE	FERIE	FERIE
03.01	FERIE	FERIE	FERIE
10.01	Tango	Rumba	Jive
17.01	Paso	Valse	Paso
24.01	Chacha	Jive	Tango
31.01	Valse	Quickstep	Rumba
07.02	Jive	Samba	Valse
14.02	Tango	Paso	Chacha
21.02	Quickstep	Chacha	Quickstep
28.02	Paso	Valse	Samba
07.03	Chacha	Rumba	Viennoise
14.03	Valse	Tango	Jive
21.03	Jive	Samba	Slowfox
28.03	Tango	Quickstep	Paso
04.04	Rumba	Jive	Tango
11.04	Quickstep	Paso	Rumba
18.04	Paso	Chacha	Valse
25.04	Chacha	Tango	Chacha
02.05	Valse	Rumba	Quickstep
09.05	Jive	Valse	Samba
16.05	Tango	Jive	Viennoise
23.05	Rumba	Quickstep	Jive
30.05	Quickstep	Samba	Slowfox
06.06	Paso	Chacha	Paso
13.06	Chacha	Paso	Tango
20.06	Valse	Tango	Rumba
27.06	Jive	Rumba	Valse
04.07	Tango	Quickstep	Chacha
11.07	Rumba	Jive	Quickstep